

The Chatter

August 30, 2010

Volume 6, Issue 2

Focus on Faculty—Rachel Hodge, MSN, RN

As the recent winner of the Elaine Crabtree Teaching Excellence Award, Rachel Hodge was chosen as the first faculty member to be featured in a weekly *Focus on Faculty* column in the 2010-2011 Chatter.

Rachel's personal interpretation of the Cox College core value of *Nothing is Impossible* is given in her own words: "I truly feel that if we are persistent, looking at all options and using all our resources with the assistance of our God, family and friends nothing is impossible. Through a strong faith in a higher power (for me, it is our Heavenly Father), we can gain the strength needed to attack what seems impossible."

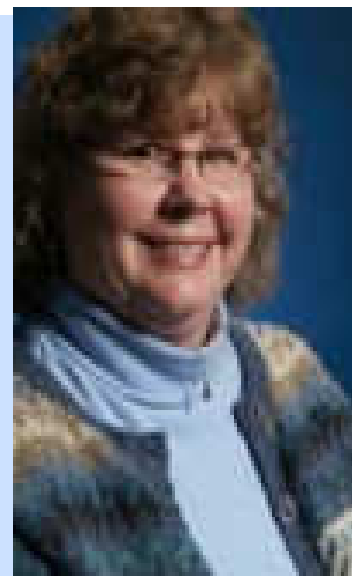
Greetings from Rachel:

I would like to share some professional and personal information about myself. I obtained my RN diploma from Burge School of Nursing, my Bachelor of Science in Nursing degree from Drury University and then took additional upper division courses from Southwest Baptist University and Southwest Missouri State University before completing my Master of Science degree (major in nursing) from the University of Oklahoma.

I have 19 years of teaching experience at the undergraduate (ASN, BSN-entry level track, accelerated track and RN-BSNs track) and diploma levels teaching nursing courses ranging from foundations of nursing to critical care.

Prior to teaching, I worked in the ICU/critical care areas as a staff nurse. My role included functioning as charge nurse, code blue team leader and working on the mobile coronary care unit. Other areas of nursing experiences include prn (as needed) status as an office nurse and volunteering as health supervisor/nurse for various church functions such as church camps, trips, and charity walk-a-thons.

Personally, I never get bored. I work hard and play hard. If I were to describe myself with one phrase, I would say I'm a jack-of-all-trades. I will try about anything at least once. I have some unique skills! (continued on page 2)



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LABOR DAY HOLIDAY Monday September 6, 2010

Cox College will observe the Labor Day holiday. No classes will be held. The offices will be closed.



(Focus on Faculty continued from page 1)

I know how to operate a number of pieces of heavy-duty farm equipment and can even operate a crane. I have my motorcycle license. I'm also resourceful in doing maintenance and repairs from construction to minor electrical work.

I enjoy spending time with family and friends. I enjoy playing a card game called *handsies and footsies*, watching movies, scrap booking, participating in water sports/water volley ball, and playing in the snow on a homemade sled pulled behind the tractor and then warming up in the hot tub. I love animals. My current dog was adopted from the Humane Society. I love her to death, but she is a furry chicken. This is a big change from my last dog, which was a 150-pound Rottweiler. He was just a teddy bear, but his size scared everyone to death.

I'm very active in my church. I've been a foster parent. I consider myself a creative individual. I once created a life-size donkey, from scratch, from papier-mâché.

Rachel's philosophy of teaching:

As I reflect on what I believe about teaching, I find that my perspective is diverse and not focused on any one single approach. I believe I hold and use the developmental, apprenticeship and nurturing perspectives as guides and use various strategies to facilitate learning.

The most dominant perspective that I hold is the developmental perspective founded on the constructivist orientation to learning. The primary goal of this perspective is to develop the ability for complex reasoning and problem solving skills focusing on a specific field of practice or content area. I think it is important to understand how the learner thinks and reasons in order to adapt approaches, which provide an optimum learning experience. Within this perspective, I feel it is important to know the level of the learner's knowledge base and to identify learning styles within the group. This process is facilitated through effective questioning, which challenges learners to move from simple to more complex forms of thinking and by building on past knowledge to form meaning. I see myself as a resource and a facilitator to guide and direct learners to locate information and materials needed for solving problems and answering questions.

The apprenticeship perspective on learning is facilitated through application in the actual practice setting. With the use of clinical practice, we enculturate students to the nursing field. Role modeling is an effective teaching tool, and learners are influenced by the demonstration of positive qualities and behaviors. I believe it is necessary to understand the level at which students function in order to facilitate and mentor them as they mature and move from novice to expert. It is in this perspective that I can demonstrate work ethics, accountability and professionalism.

From the nurturing perspective, an instructor promotes a climate of caring and trust where the learner has a sense of safety and acceptance. I try to challenge the learners to achieve their highest potential while providing support needed to accomplish the expected goals. This perspective is congruent with the college's core values of *Student First, Highest Quality, Communication, and Nothing is Impossible*.

My expectations for my students are the same I have for myself: doing the very best possible and as much as is necessary to achieve the goal. I am willing to invest as much time and energy as necessary to assist my students in the achievement of their goals.

(continued on page 3)

(Focus on Faculty continued from page 2)

I believe an instructor should bring to the learning environment a variety of characteristics, attributes, and skills which include: facilitator, communication, resource, assessor, flexibility and humanness. As a facilitator, the instructor should stimulate active learning, be aware of diverse learning needs, communicate clearly and have high expectations. A good communicator provides clear concise oral and written instructions and information, which can be easily understood.

The instructor, a resource for students, must be knowledgeable in the field and willing to stay abreast of advances so he/she can provide direction for the students' search for information. The role of assessor is one in which the instructor evaluates students' performance in a consistent manner using established criteria for the content of the course. Students need to be taught the necessity of accountability and have a high standard in work ethics.

Flexibility requires the instructor to consider the educational, social, psychological and emotional needs of each student. The flexible instructor will use teachable moments as they arise within the educational setting and employ a variety of techniques in presentation of material. Humanness is one of the most important attributes for an instructor. It is important to value students for their uniqueness, ability and aspirations, by acknowledging their worth and validating their achievement.

FOUND: KEYS TO A GMC VEHICLE

These keys were turned in to the receptionist on Thursday, August 26. Be able to describe the keys to retrieve them from Cassy, the Cox College receptionist.



Lost and Found:

There are two locations for lost and found items. One is at the reception desk of the college, and the other is in the main EVS office near the cafeteria.

There is a collection of coffee mugs at the reception desk! If you lost yours, stop by and see if it's there.

Parking Tag

Get your parking tag at the reception desk. You must know your license plate



Attention, all new moms at the college!



There is a lactation/pumping room for our new moms. It is located on the 2nd floor, room 221. This space allows you to have privacy for providing nutrition for your baby.

A refrigerator is available in the room as well. If you find the door locked, Nikki Summers in room 224 will have the key.

ACADEMIC SUCCESS FOR STUDENTS IN THE ARC

Many processes are established at Cox College to ensure student success. These are some of the success strategies organized and maintained by the Academic Resource Center.

Early Warning/Early Intervention Process

All faculty, including general education adjunct and program-specific faculty can initiate a request for tutoring services or other resources on behalf of students in their class. The director of student services requests that the early warning/early intervention process occur by the 3rd-4th week of class of each semester, in order to meet the needs of the student and the faculty member. The director of student services, Janice Lee, will initiate contact with the student by the end of the 5th or 6th week of class.

Free Tutoring and Tutor-Directed Study Groups

Students can enroll for free services for academic support. Contact the Academic Resource Center (ARC), 269-3225, to get involved either as a peer tutor or as a tutee. All tutoring and study sessions are coordinated by the Academic Resource Center.

Specialty Study Groups - Open Sessions with Shawnda VanWinkle, RN

See Shawnda's invitation to join her study groups on the following page.

Students, please come to the Academic Resource Center for assistance with any issue. Resources are available to match your needs. The Academic Resource Center is on the 2nd floor in the Terrace area (across from the Terrace B classroom).



The first official study session of this semester is pictured above. Justin Canterberry, a Cox College peer tutor, leads a tutoring study session for students preparing for an exam.

Hello, students,

My name is Shawnda VanWinkle. I have had the pleasure of working with Cox College since last spring and throughout the summer. I provide review sessions that will hopefully enable you to better assimilate information from your lectures and reading schedules. These review sessions are intended for class groups and are usually a fun and engaging way to make the most of your study time. The review sessions schedule at this time is as follows:

Tuesday (Classroom 5 in the basement)

Tuesday 9-11 206 Armstrong III Semester
12-2 106 Marion II Semester
2-4 210 Kramme Pharmacology
4-6 208 Kramme IV Semester

Saturday (Off Campus @ Springfield Public Library "Learning Center" (Located on South Campbell next to Sam's Club- Check at the front desk for the room reservation under Cox College.)

Saturday 10-12 208 Kramme IV Semester
12-2 206 Armstrong III Semester
2-4 106 Marion II Marion
4-6 210 Kramme Pharmacology

Attend one session or both; all are welcome. With exception of the first week, information is on a repetitive cycle. Therefore, the information on Saturday is the same as that on Tuesday. I strongly recommend attending both sessions, if at all possible, the first week, so we have a chance to review all lecture material from the start of the semester.

Review sessions officially begin Saturday, Sept 4th, and continue the following Tuesday, September 7th, as I have scheduling conflicts throughout the weekdays until then.

For those of you who would like to begin early, I am able to meet this Saturday at the Library Center with the above time schedule and instructions.

Finally, as always, please come with your lecture print outs and materials with you. I will provide the rest.

I prefer to communicate via e-mail: shvanwin@yahoo.com and am open to any suggestions or inquiries. The schedule may be adjusted according to the needs of the *participating student majority* in attendance at the review sessions.

Looking forward to working with you,
Shawnda VanWinkle RN

CoxHealth Libraries – Resource Spotlight of the Week

Nursing Advisor



Welcome to Lippincott's *Nursing Advisor*, the latest clinical information from the most trusted name in Nursing

Nursing Advisor is a collection of evidence-based content providing practicing nurses with instant access to patient point-of-care information. This online resource is available anywhere with a computer that has online access; however, if you are not connected to the Cox network, you will need to obtain a user ID and password. Contact the libraries for more information.

Nursing Advisor provides information on diseases and treatments, diagnostic tests, drug therapy, sign and system information, and patient teaching handouts. It supports keyword searching, or you can browse by topic. Specific information is available when you need it most!

Nursing Advisor is a quick and simple tool for locating the most **current** information and is available for your use 24/7. Students may access the program via the Cox College Web site: <http://coxcollege.edu> or from the libraries Web page: <http://www.coxhealth.com/libraries>. We encourage you to contact us with questions or assistance with research.

Whether you're new to the Cox College campus or returning for the fall semester, we hope you'll get to know the library staff and explore the many resources we have to assist with your academic needs.

We have two locations:

North Library – J200 (on your way to the NRC)

Hours:

8:00 a.m. – 7:00 p.m., Monday – Thursday;

8:00 a.m. – 5:00 p.m., Friday

Librarians are available until 5:00 p.m. to help you with your research needs.

South Library – Ground Floor – Cox South (between the Turner Center and the main hospital)

Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday.

CLOSED DAILY FROM 11:30 a.m. – 12:30 p.m.

Remember to stop by either location to pick up your new password for searching Ebsco and Ovid.

PHOTOCOPIER FOR STUDENT USE

The photocopier at Cox College designated for student use is located in the Cox North Library. The cost is five cents per copy. The coin vending unit will take one dollar bills or coins. This photocopier is not capable of accessing student accounts. It operates with cash only.

Cox College Refund Policy

Refund for withdrawal from a course or from Cox College

A verbal intent to withdraw from a course is considered unofficial and insufficient. It is the student's responsibility to complete an official withdrawal from a course(s) by completing the appropriate paperwork through the Enrollment Assistant's office within the scheduled period. **Non-attendance does not constitute official withdrawal.**

The refund procedure for **Fall 2010** is as follows:

Course Length	100% Refund of Tuition & Fees*	100% Refund of Tuition Only	50% Refund of Tuition Only	No Refund
Full Semester	Before semester begins – on or before Aug. 20, 2010	Days 1-5 of semester – Aug. 23 - Aug. 27, 2010	Days 6-10 of the semester – Aug.30 - Sept. 3, 2010	After day 10 of the semester – Sept.6, 2010 or later
First Session	Before session begins – on or before Aug. 20, 2010	Days 1-5 of session – Aug. 23 - Aug. 27, 2010	Days 6-10 of session – Aug. 30 - Sept. 3, 2010	After day 10 of session – Sept. 6, 2010 or later
Second Session	Before session begins – on or before Oct. 15, 2010	Days 1-5 of session – Oct. 18 - Oct. 22, 2010	Days 6-10 of session – Oct. 25 - Oct. 29, 2010	After day 10 of session – Nov. 1, 2010 or later
Intersession	Before intersession begins – prior to day 1 of intersession	Day 1 of intersession	Day 2 of intersession	After day 2 of intersession
Courses Scheduled Outside of Above Semester/ Sessions	Before course begins	Days 1-5 of course	Days 6-10 of course	After day 10 of course

Cox College Bookstore Prizes

Prizes will be awarded August 31, 2010, for those who entered the drawing.

Winners will be posted in next week's Chatter.



Campus Crime Statistics 2010

CXN- Cox North CXS- Cox South CWL- Cox Walnut Lawn

Offense	Jan-10			Feb-10			Mar-10			Apr-10		
Campus	CXN	CXS	CWL	CXN	CXS	CWL	CXN	CXS	CWL	CXN	CXS	CWL
Murder/Non-negligent manslaughter	0	0	0	0	0	0	0	0	0	0	0	0
Negligent Manslaughter	0	0	0	0	0	0	0	0	0	0	0	0
Sex offenses - Forcible	0	0	0	0	0	0	0	0	0	0	0	0
Sex offenses - Non-forcible	0	0	0	0	0	0	0	0	0	0	0	0
Robbery	0	0	0	0	0	0	0	0	0	0	0	0
Aggravated assault	0	0	0	0	0	0	0	0	0	0	0	0
Burglary	0	0	0	0	0	0	0	0	0	0	0	0
Motor Vehicle theft	0	1	0	0	1	0	0	0	0	0	0	0
Arson	0	0	0	0	0	0	0	0	0	0	0	0
Any other crime involving bodily injury	0	0	0	0	0	0	0	0	0	0	0	0
Total:	0	0	0	0	1	0	0	0	0	0	0	0
Liquor Law Violations	0	0	0	0	0	0	0	0	0	0	0	0
Drug Abuse Violations	0	0	0	0	0	0	0	0	0	0	0	0
Weapons Violations	0	0	0	0	0	0	0	0	0	0	0	0
Total Arrests:	0	0	0	0	0	0	0	0	0	0	0	0
Offense	May-10			Jun-10			Jul-10			Aug-10		
Campus	CXN	CXS	CWL	CXN	CXS	CWL	CXN	CXS	CWL	CXN	CXS	CWL
Murder/Non-negligent manslaughter	0	0	0	0	0	0	0	0	0			
Negligent Manslaughter	0	0	0	0	0	0	0	0	0			
Sex offenses - Forcible	0	0	0	0	0	0	0	0	0			
Sex offenses - Non-forcible	0	0	0	0	0	0	0	0	0			
Robbery	0	0	0	0	0	0	0	0	0			
Aggravated assault	0	0	0	0	0	0	0	0	0			
Burglary	0	0	0	0	0	0	0	0	0			
Motor Vehicle theft	0	0	0	0	0	0	0	0	0			
Arson	0	0	0	0	0	0	0	0	0			
Any other crime involving bodily injury	0	0	0	0	0	0	0	0	0			
Total:	0	0	0	0	0	0	0	0	0			
Liquor Law Violations	0	0	0	0	0	0	0	0	0			
Drug Abuse Violations	0	0	0	0	0	0	0	0	0			
Weapons Violations	0	0	0	0	0	0	0	0	0			
Total Arrests:	0	0	0	0	0	0	0	0	0			